

# Athlete/Staff Requirements

## Assumption of Risk and Waiver of Liability – Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact, including individuals without disease symptoms. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited or limited the congregation of groups of people.

The health and well-being of our staff and athletes remains our top priority. In order to minimize the risk of COVID-19 entering our environment and spreading amongst our community, we will only allow staff assigned to work and athletes scheduled to participate to be in our gym. Parents wishing to remain on site can use outdoor common areas or the parking lot to wait for their athlete(s). Athletes waiting to attend a session will need to wait outside while maintaining social distance from others.

Furthermore, all participants in sponsored activities at The Varsity Shop Training Center (hereafter referred to as "VSTC") must agree to and abide by the following:

- Wash hands immediately upon entering the VSTC environment
- Potential for a digital temperature check upon entering or if any symptoms arise while on-site at VSTC
- Avoid touching face, mouth, and eyes
- Maintain social distancing of at least six (6) feet from other individuals whenever possible
- Bring and wear appropriate personal protective equipment (PPE), including cloth face coverings, as deemed necessary
- Appropriately cover all coughs or sneezes, with either an elbow or a tissue (promptly throw away all used tissues)
- Avoid personal contact (e.g., high fives or handshakes) with other individuals, when possible
- Answer, sign, and date the daily admittance questionnaire prior to each session with VSTC

The Varsity Shop Training Center has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in VSTC's environment; however, VSTC cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending sponsored activities at VSTC could increase your risk and your child(ren)'s risk of contracting COVID-19.

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By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending VSTC and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at VSTC may result from the actions, omissions, or negligence of myself and others, including, but not limited to: VSTC employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury or illness that my child(ren) or myself may experience or incur in connection with my child(ren)'s attendance at VSTC or participation in VSTC programming, including, but not limited to: personal injury, disability, death, illness, damage, loss, claim, liability, or expense, of any kind ("Claims").

On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless VSTC, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the VSTC, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any VSTC activity.

Participant's Name(s): \_\_\_\_\_ Team(s): \_\_\_\_\_

Participant's Signature (if 18 or older): \_\_\_\_\_

Parent/Legal Guardian Name(s) (for participants under 18): \_\_\_\_\_

Signature(s) of Parent/Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_